

## **Tobacco**

Vaporization temperature: **400°F-195°C/#20**

Properties: Allows healthier alternative to smoking processed cigarette additives.



## **Passion Flower**

Vaporization temperature: **310°F/155°C/#2**

Properties: Anti-inflammatory, antispasmodic, hypotensive sedative, tranquilizing.



## **Green Tea**

Vaporization temperature: **375°F/190°C/#15**

Properties: Anti-irritant, soothing, anti-ache, aid in digestion and depression.



### **Damiana**

Vaporization temperature: 375°F/190°C/#15

Properties: Nerve tonic, antidepressant, urinary antiseptic.



### **Peppermint**

Vaporization temperature: 330°F/166°C/#6

Properties: Carminative, relieves muscle spasms, increases sweating, antiseptic.



## **Raspberry Leaf**

Vaporization temperature: **375°F/190°C/#15**

Properties: Anti nausea, ease of labor and delivery and post partum recovery. Also is used widely with colds, sore throats and upset stomach.



## **Chamomile**

Vaporization temperature: **375°F/190°C/#15**

Properties: Anti-inflammatory, antispasmodic, relaxant, carminative, bitter, nervine.



## **Lavender**

Vaporization temperature: **310°F/155°C/#2**

Properties: Carminative, relieves muscle spasms, antidepressant, antiseptic and antibacterial, stimulates blood flow.



### **Eucalyptus**

Vaporization temperature: **310°F/155°C/#2**

Properties: Antiseptic, expectorant, stimulates local blood flow, anti-fungal.



### **Lemon Balm**

Vaporization temperature: **305°F/150°C/#1**

Properties: Blood circulation, Headache relief.



### **Wild Lettuce**

Vaporization temperature: 375°F/190°C/#15

Properties: Relieves colic and rheumatic pain.



### **St. John's Wort**

Vaporization temperature: 315°F/165°C/#3

Properties: Mild antidepressant.



### **Rosemary**

Vaporization temperature: 310°F/155°C/#2

Properties: Heal respiratory ailments, mental stimulant.

